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Essential Criteria For Caring For An Elderly Parent From Afar

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8 Essential Criteria For Caring For Elderly Parents From Afar

- ☐ Keep the lines of communication open and frequent
 - ☐ Make your home visits count - talk,, check home safety, check parent's health and personal hygiene.
 - ☐ Protect your parents from elderly scams by education them, keeping lines of communication open and pay attention to financial issues
 - ☐ Make an Emergency Contact List Now
 - ☐ Make sure your parents have a Health Care Power of Attorney, Living Will and Financial Power of Attorney in place
- Create a binder for important information on health care, doctors, medications
- ☐ Know your parent's medical situation
 - ☐ Explore resources for help





Thank You!

I hope you found this checklist helpful in providing you with tips to care for your elderly parents when you do not live near them.

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